



**Pilates matwork class layout for Studio 310** - using any mat as a spacing guide

As you enter the room move to the mat positions by order of entry. *ie first person in moves to position 1...*

Allows 2.6 metres between heads.

There is a piano in the room which might affect this layout. They get moved around!

**How to get there**

Once the temperature monitor has cleared you, just walk across the Foyer to the stairs facing you and walk up to the third floor.

Then follow the landing round to your left, go through the double doors on your left and then follow the corridor round until you reach the last door on the right.

You have reached Studio 301!

\* Press return button on your browser to return to COVID-19 guide

**STUDIO 301**  
Third floor - Arts Ed

